GLASS PHOENIX EMPOWERMENT WEEKEND 18th – 21st FEBRUARY 2022

Hafren Forest Bunkhouse, Staylittle, Llanbrynmair, Powys SY19 7DB

To book your place on the empowerment weekend, please complete this form and return a signed copy to info@glassphoenixevents.com. If you prefer to manually complete the form, please post it to Sally Asquith, Glass Phoenix Events, 11 Owletts Grove, Newbury, Berkshire, RG14 2FD.

Your place will be provisionally held for 2 weeks from the receipt of the completed form or until payment is received, whichever is the earlier. Once payment has been received your place will be confirmed by email.

The total cost of the training course is £399 – this is an early bird rate and is only valid until 31st December 2021. After 31st December 2021 the price will increase to £499.

Participant Personal Details

Name:

Email:

Mobile Phone:

Address:

Banking Details for payment

Glass Phoenix Events Ltd

Mettle Bank

Sort Code: 236972

Account Number: 28105488

\*It is important that you use your name as the reference on your bank transfer\*.

If you would prefer to make payment with a debit or credit card please indicate on this form and an electronic invoice will be emailed to you.

Details of the event

Participants should arrive before 4pm on Friday 18th February and the event will finish at 10.30am on Monday 21st February.

The event will be held at Hafren Forest Bunkhouse, Staylittle, Llanbrynmair, Powys, SY19 7DB.

The cost includes full board and accommodation including dinner at 6pm on Friday 18th and breakfast on Monday 21st October. Departure is at 10.30am on Monday 21st February.

Bed linen and one large bath sheet will be provided to you. Loose comfortable clothing is recommended for indoor activities, outdoor walking shoes and waterproofs and warm outdoor clothes are advisable as there are outdoor activities on the agenda.

Rooms have between 2 and 6 beds and will be allocated on a first come first served basis according to participant numbers, if participants are required to share rooms all rooms will be allocated to same gender groups. If you are booking with another participant please indicate at the bottom of the form if you would like to be included in the same room.

Please confirm if you have special dietary or access needs:

Vegetarian

Dairy Free

Gluten Free

Allergies

Accessibility

Emergency Contact Details

Name:

Relationship:

Email:

Mobile Phone:

Address:

Travel

Arriving by car – the sat nav code of SY19 7DB will take you straight to the door, there is car park space to the rear of the bunkhouse.

Arriving by train – the nearest train station is Caersws which is a main line train station. If you are arriving by train please let us know and we will help to get you to the farm.

Cancellation Policy

In the event of a cancellation a refund will be made in full up until one week before the event. After this a payment of 50% will be charged. Full payment will be charged if cancellation occurs within 24 hours of the event. If cancellation is due to Covid-19 and can be evidenced – by government restrictions or medical advice for instance – a full refund will be given regardless of the timeframe.

No refund will be given if a participant leaves the event before its completion.

In the event of the organiser needing to cancel the training, participants will be given the choice to rebook on a later training or receive a full refund.

Privacy Policies

The following Privacy statement relates to personal records in relation to communications and interactions with Glass Phoenix Events Ltd in line with the General Data Protection Regulations 2018.

* Personal contact details will only be added to the contact list of Glass Phoenix Events Ltd with the permission of the client.
* Occasional emails may be sent to clients including newsletters and promotional materials. An opportunity to unsubscribe from the contact list is available at any time.
* Records about Transformational Breath sessions are kept by Glass Phoenix Events, Breathing in Peace CIC and Simply Breathtaking for the purpose of good practice, monitoring, supervision and possible future medico-legal needs.
* Any client is entitled to ask to see their records.
* Records will be retained as long as is necessary.
* Records are confidential and stored in a secure system.
* Records will not be shared with any third party.
* Records may be used for research purposes in an anonymous form.

I, ……………………………...(name) confirm that I will be attending the Empowerment Weekend 18th – 21st February 2022.

I am aware that the payment is not refundable if I do not attend as per the cancellation policies detailed in this document.

Name

Date

Signature

Liability Waiver/Release Form

I, the undersigned, acknowledge that there is some inherent risk involved when participating in or engaging in an event which involves empowerment activities.

I declare that I am of sound mind and relinquish from liability in any way shape or form from me or any party acting for me, Glass Phoenix Events Ltd, its Directors, associated companies, suppliers, employees or associated staff both now, or at any time in the future from any injury done by me or to me of whatsoever nature during my participation in this event.

I understand that the event is conducted so that I can benefit from the content within it and that I am under no obligation to partake in any of the exercises within it and that if I do then I declare that I am participating in the event and activity of my own free will, voluntarily, and at my own risk and I also understand that no assurance guaranteeing my safety is being made.

I understand that people have been injured by participating in empowerment and/or glasswalking type events and that there is inherent risk in these types of activities which often provides their unique appeal and that if I voluntarily choose to participate, there is a possibility that I might receive injuries requiring medical attention.

I agree not to bring any suit for damages regardless of whether negligence can be demonstrated and I release all parties associated with this event from any damages suffered by me whether mental, physical or financial.

I understand fully that I am solely responsible for all my choices during the event, and have been warned against the intake of alcohol or mind altering drugs. I am over 18 years of age and competent to sign.

I attest that I have no physical conditions which may inhibit healing, such as diabetes, autoimmune diseases, or any other medical condition which might adversely affect my physical and/or mental wellbeing in the event of injury. I further affirm that I do not desire to inflict harm upon myself.

By signing this form, I release the aforesaid parties from any and all claim(s) I may have while attending this event. I am knowingly and voluntarily assuming any and all risks of injury including death, and am knowingly and voluntarily signing this release form. My signature below specifies that I have read and understood everything contained in this waiver and assumption of risk form.

I have read this entire Release Form and fully understand it and agree to be bound by its contents. THIS WAIVER IS A RELEASE OF YOUR RIGHTS. PLEASE READ CAREFULLY BEFORE SIGNING

Name

Date

Signature